

PRELIMINARY COURSE PROGRAMME

Tuesday, June 7, Chair Iris Knottnerus		
10.00-10.15	Introduction	ISMC 2022, Jeryll Asin president
10.15-11.00	Why do we sleep?	Rolf Fronczek
11.00-11.30	Coffee break	
11.30-12.15	Sleep Gender and Age	Birit Broekman
12.15-13.00	Neuro anatomy/neuro chemistry	Ysbrand van der Werf
13.00-14.00	Lunch	
14.00-17.30	Interactive session: When and how to study Sleep	Laurien Teunissen, Sebastiaan Overeem
	Interactive session: Taking a sleep history in adults and children	Iris Knottnerus, Arthur Kurvers
	Coffee break	
	Interactive session: Scoring Sleep	Irma van Velzen, José Vis

Wednesday, June 8, Chair Jeryll Asin		
09.00-09.45	Patho physiology of respiration during sleep	Joost van den Aardweg
09.45-10.30	Clinical Spectrum and diagnosis of SBD	Dirk Pevernagie
10.30-11.00	Coffee break	
11.00-11.45	SBD and co-morbidities	Johan Verbraecken
11.45-12.30	Overview of OSAS treatment options	Dries Testelmans
12.30-13.30	Lunch	
13.30-17.00	Interactive session: CSAS treatment with stepped care	Hennie Janssen, Johan Verbraecken
	Interactive session: Non-CPAP treatment OSA in clinical practice	Peter van Maanen, Manu Sastry
	Coffee break	
	Interactive session: Principles and practical aspects of PAP treatment in OSA	Stephan van der Kleij, Jeryll Asin

Thursday, June 9, Chair Ysbrand van der Werf		
09.00-09.45	Insomnia disorder and co-morbid insomnia	Colin Espie
09.45-10.30	Hypersomnia of central origin	Rolf Fronczek
10.30-11.00	Coffee break	
11.00-11.45	Chronobiology	Marijke Gordijn
11.45-12.30	RLS/PMLS	Roselyne Rijsman
12.30-13.30	Lunch	
13.30-17.00	Interactive session: RLS/PLMS	Roselyne Rijsman, Angelique Pijpers
	Interactive session: treatment of insomnia with emphasis on children and adolescents	Nicole Wolters, Daniëlle Hendriks
	Coffee break	
	Interactive session: Hypersomnia in clinical practice	Gert Jan Lammers, Claire Donjacour

Friday, June 10, Chair Rolf Fronczek		
09.30-10.15	(N)REM parasomnia	Paul Reading
10.15-11.00	Neurology and sleep	Paul Reading
11.00-11.30	Coffee break	
11.30-12.15	Psychiatry and sleep	Marike Lancel
12.15-12.45	Pediatric sleep disorders	Nicole Wolters
12.45	Lunch (Closing session tips & tricks)	